42 The body and what it does

A Parts of the body

Learn the parts of the body that you don't already know.

forehead
eyebrows
cheek
lips
chin
neck
shoulders
bust (chest for men)
arm
elbow
waist
bottom
thigh
hips
wrist
hand
thumb
fingers
knee
ankle
foot
toes
heel
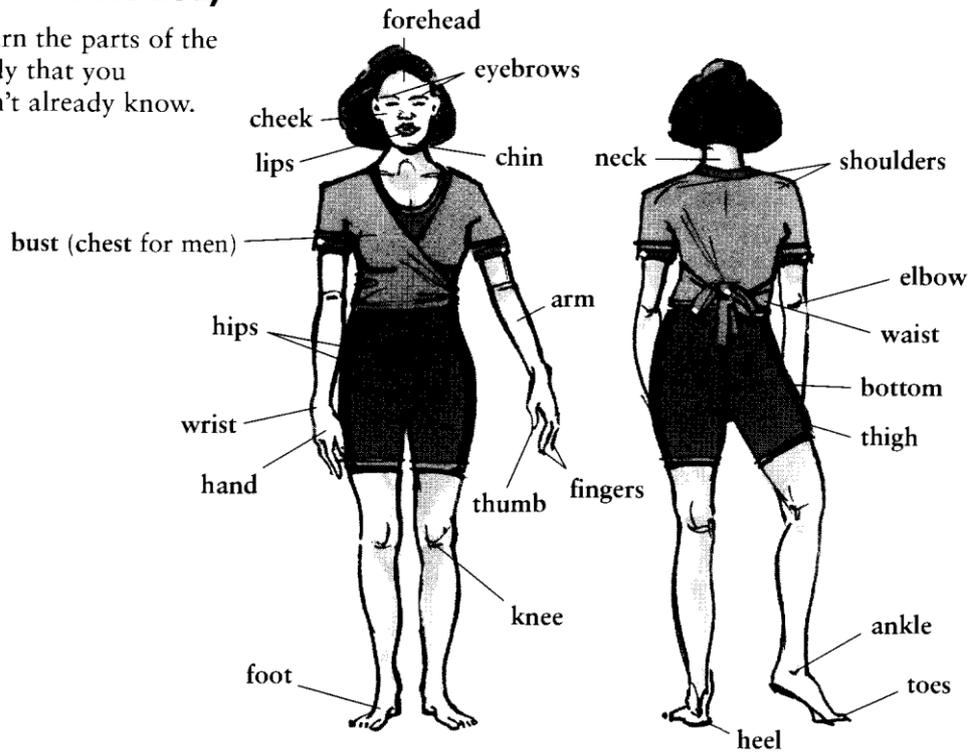
B Physical actions

You can **breathe** through your nose or your mouth. Most people **breathe** about 12–15 times a minute.
People **smile** when they're happy, or to be polite; they **laugh** when people say something funny; they may **cry** when they're sad; they **yawn** when they're tired, or bored.
Many people **nod** their head to mean 'yes', and **shake** their head when they mean 'no'.
When you pick up something heavy, you must **bend** your knees and keep your back straight.

C Common expressions

shake hands
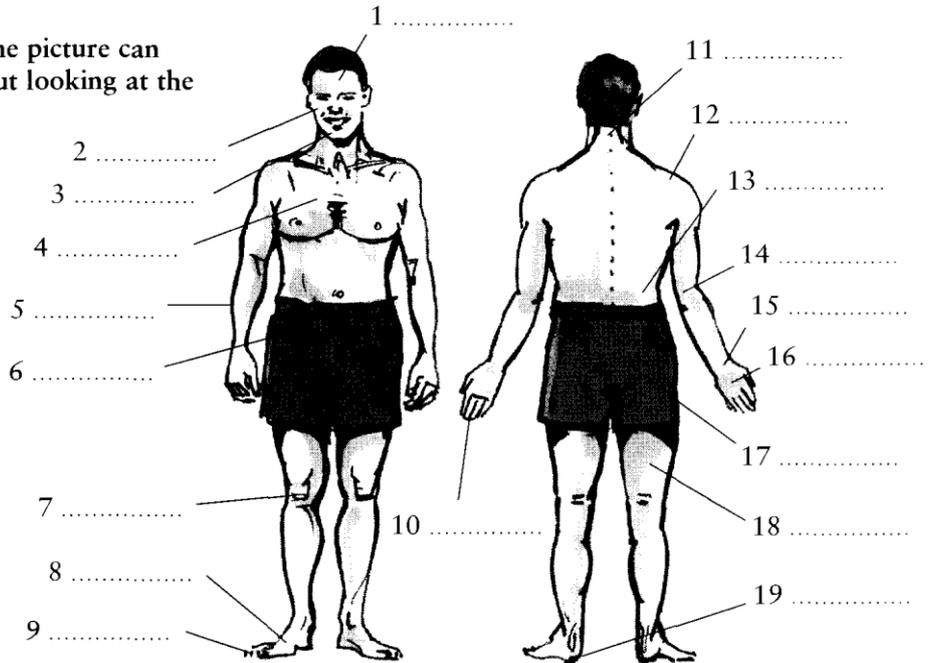
blow your nose

fold your arms

bite your nails

comb your hair

Exercises

42.1 How much of the picture can you label without looking at the page opposite?

1 ....
2 ....
3 ....
4 ....
5 ....
6 ....
7 ....
8 ....
9 ....
10 ....
11 ....
12 ....
13 ....
14 ....
15 ....
16 ....
17 ....
18 ....
19 ....

42.2 Match the verbs on the left with a suitable part of the body on the right to form common expressions. Use each verb and noun once only.

1	blow	your knees
2	shake	your nose
3	comb	your nails
4	fold	your head
5	bend	your arms
6	nod	your hair
7	bite	hands

42.3 What do these actions often mean? (There may be lots of possible answers.)

1 People often smile when ....
2 They often breathe quickly after ....
3 They laugh when ....
4 They may bite their nails' ....
5 They blow their nose ....
6 They shake their head ....
7 And nod their head ....
8 They cry ....
9 They yawn when ....

42.4 There are fourteen words describing parts of the body, either across or down, in this word square. Can you find them?

C	E	L	B	O	W	A
H	T	I	A	E	N	R
I	O	P	C	Y	A	M
N	E	C	K	E	I	H
I	H	A	N	K	L	E
K	C	H	E	S	T	E
C	H	E	E	K	A	L

43 Describing people's appearance

A General

Positive: **beautiful** is generally used to describe women; **handsome** is used to describe men; **good-looking** is used for both; **pretty** is another positive word to describe a woman (often a girl) meaning 'attractive and nice to look at'.

Negative: **ugly** is the most negative word to describe someone; **plain** is more polite.

B Height and build

tall and slim   medium height and build   short and fat   medium height and very muscular

Note: Another word for **slim** is **thin**, but **slim** has a more positive meaning, e.g. John is lovely and slim, but his brother is terribly thin. **Skinny** also has the same meaning but is very negative. It is not very polite to say someone is **fat; overweight** is more neutral and polite.

C Hair

straight   wavy   curly

fair
/ \
blond(e)   light brown

dark
/ \
dark brown   black
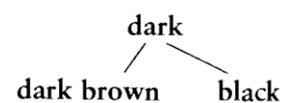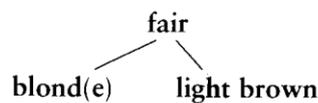
D Special features

The man on the left has got very **pale skin** (= white skin). He also has **broad shoulders**, with a small **scar** at the top of his left arm. The other man has **dark skin**. He also has a **beard** and **moustache** and quite a **hairy chest** and a tattoo.

E Asking questions about a person's appearance

Q: What does she **look like**?
A: She's quite tall, with short fair hair.

Q: How **tall** is she?
A: About 1 metre 65.

Q: How **much** does she **weigh**?
A: I don't know and it may be rude to ask. Probably about 45 kilos.

Exercises

3.1 Complete these sentences in a suitable way. (More than one answer may be possible.)

1 She's got blonde ....
2 He's got very pale ....
3 They've both got curly ....
4 I would say he was medium ....
5 Her brother has got very broad ....
6 She doesn't like men with hairy ....
7 Last time I saw him he had grown a ....
8 He's got very muscular ....
9 Both men were very good-............................. .
10 All of them have got dark ....

3.2 Replace the underlined word in each sentence with a word which is either more suitable or more polite.

1 He told me he met a <u>handsome</u> girl in the disco last night.
2 She's beautiful but her younger sister is really quite <u>ugly</u>.
3 I think Peter is getting a bit <u>fat</u>, don't you?
4 Most people want to stay slim, but not as <u>skinny</u> as that girl over there.
5 I think she's hoping she'll meet a few <u>beautiful</u> men at the tennis club.

3.3 You want to know about the following:

- someone's general appearance
- their height
- their weight

What questions do you need to ask? Complete these questions.

What ....?
How ....?
How much ....?

Now answer these questions.

1 How tall are you?
2 How would you describe your build?
3 How much do you weigh?
4 What kind of hair have you got?
5 What colour is it?
6 Would you like it to be different? If so, what would you like?
7 Do you think you have any special features?
8 Are there any special features you would like to have?
9 Do you like beards?
10 Can you think of a famous woman you would describe as beautiful, and a famous man you would describe as good-looking?

If possible, ask another person these questions.

33 Describing people – appearance

A Hair, face, skin and complexion

straight hair
and thin-faced

wavy hair
and round-faced

curly hair
and dark-skinned

a crew-cut

bald
with freckles

beard and moustache
with a chubby face

receding hair
and a few wrinkles

He us⁻d to have black hair but now it's gone grey, almost white.
What sort of person would you like to go out with? Blonde, fair, dark or ginger-haired /
  red-haired?
She has such beautiful auburn hair.   [red-brown]

Fair and dark can be used for hair, complexion or skin.

B Height and build

a rather plump or
stout man

a slim woman
[positive]

an obese person
[negative, very fat]

Fat may sound impolite. Instead we often say a bit overweight. If someone is broad and
solid, we can say they are stocky. A person with good muscles can be well-built or muscular.
If someone is terribly thin and refuses to eat, they may be anorexic.

C General appearance

She's a very smart and elegant woman, always well-dressed; her husband is quite the
  opposite, very scruffy and untidy-looking.
He's very good-looking, but his friend's rather unattractive.
Do you think beautiful women are always attracted to handsome men? I don't. I think
  first impressions matter most.

Tip: The suffix -ish is useful for describing people: (see Unit 8)
  She's tallish.   He has brownish hair.   He must be thirtyish.

Exercises

33.1 Answer these remarks with the *opposite* description.

Example: A: I thought you said he was the short, chubby one.
   B: No, quite the opposite, *he's the tall, thin-faced one*

1 A: Was that his brother, the dark-skinned, wavy-haired one?
  B: No, quite the opposite, his brother's...
2 A: She's always quite well-dressed, so I've heard.
  B: What! Who told you that? Every time I see her, she's...
3 A: So Charlene's that rather plump fair-haired woman, is she?
  B: No, you're looking at the wrong one. Charlene's...
4 A: So, tell us about the new boss; good looking?
  B: No, I'm afraid not; rather...
5 A: I don't know why, but I expected the tour-guide to be middle-aged or elderly.
  B: No, apparently she's only...

33.2 Write one sentence to describe each of these people, giving information about their hair and face, their height and build and general appearance.

1 you yourself   3 a neighbour
2 your best friend   4 your ideal of a handsome man/a beautiful woman

Now, in the same way, describe somebody very famous, give some extra clues about them, e.g. *pop star/politician*, and see if someone else can guess who you are describing.

33.3 From these jumbled words, find combinations for describing people, as in the example. Not all of the words are on the left-hand page. Some of the combinations are hyphenated. Use a dictionary if necessary. *Example:* good-looking

looking   long   haired   good   aged   dressed   legged
   stocky   round   faced   complexion   build   race
middle   over-   well   mixed   red   weight   tanned

33.4 WANTED! MISSING! Complete the gaps in these police posters.

WANTED FOR MURDER	Wanted for Robbery	Missing	Wanted dead or alive
Ian Prowse, height 6ft, ... -faced, ... hair, ... skin	Sandra King height 5ft 4, ... hair, ... build, ...-faced	Louise Fox age 7, Asian ...., ... hair.	Jake 'Dagger' Flagstone, 6ft ...., with .... and ....; .... build.

33.5 Make a collection of descriptions of people from newspapers and magazines. Court/crime reports, celebrity and gossip pages of magazines, and the 'personal' columns where people are seeking partners are good places to start.

Text 1.
Appearance
By Tricia Muller

Does your appearance mean more than your personality? This is a debate that has raged throughout time without a definitive answer. It's one of the most important questions in a teens life, and among many adults as well.

While it is important that you be a caring, responsible, likable person, not many people are going to notice that about you when meeting you. Unfortunately, humans are very visually oriented and what we see of people leaves a lasting impression. When we go into a restaurant we don't care if our chef donates to Toys for Tots, we care that he is clean, dressed well, and professional looking. When shopping for a new dress we are more likely to ask for help from the well dressed, attractive employee than the girl who showed up to work looking as if she slept in her clothes and has never brushed her hair.

In our personal lives the importance of appearance is much the same. It's a cruel fact of life, but people who are sloppy, dirty and poorly groomed don't get dates. Most of us are "instinctively" attracted to good looking, well dressed people. When marriages were arranged by family this wasn't such an issue, but today it most certainly is. No one wants to date the guy who doesn't shower or the girl who wears clothing three sizes too small.

Even in the workplace appearance is seen as an indicator of ability. A job applicant with a master's degree isn't likely to be hired if s/he is missing teeth, no matter how qualified they are. Very few people would choose a surgeon who has dirt under their fingernails. A stylist with a lousy hair style isn't likely to have very many clients.

Unfortunately, appearance is even important to children. Many small children, especially, can take an instant dislike to someone based solely on what they look like. As children get older appearance becomes an integral part in who is popular and who isn't. The child who doesn't have designer clothing is more likely to be left out of things than the child who wears all of the right brands. With teenagers attractiveness seems to denote popularity more than anywhere else. Teens don't care if the overweight girl is a math genius who has a way with animals, they don't care if the geeky boy writes the most beautiful poetry ever read, they just care what s/he looks like.

Right or wrong, in our society appearance is just too important to be ignored. While personality is a better indicator of a person's value in the long run, when it comes to first impressions what we look like will always win out over who we are.

Structures for describing appearance.
What does he/she look like?

Age	He/She is young / middle-aged / elderly / old.
	a baby/ toddler / teenager.
	in his/her 20s / 30s …
	in his/her early / late 20s.
Height	He/She is 165cm tall.
	of average / medium height/ tall / very tall / rather tall./ short.
Build	He/She is fat / overweight / plump /chubby
	skinny /thin / slim / plump. well-built. muscular.
Hair/face	He/She has (got)black, straight hair.
	a round / long / square face
Clothes	He/She wearsa hat / earrings. He is is in black.
Distinguishing features	He/She wearsglasses / contacts / braces.
	has (got)a tattoo / a piercing.

In a recent survey, ten thousand British men and women were asked about what they thought represented perfect male and female faces.
When the data was processed by computer, these were the results.

Do the images represent your idea of perfect male/female face?

Match the words in list A with the words in list B

to make up phrases for describing perfect male/female faces

A	B
1. SMOOTH	A. TEETH
2. PERFECT	B. EYES
3. SPARKLING	C. BONESTRUCTURE
4. FULL	D. IN THE CHEEKS
5. A BIG	E. JAW
6. A TURNED-UP	F. LIPS
7. GOOD	G. NOSE
8. HIGH	H. SKIN
9. A SQUARE	I. CHEEKBONES
10. DIMPLES	J. SMILE

Find out whether, according to the research, the following statements are true or false.

Do you agree with the statements?

1. Beauty is "in the eye of the beholder".

2. Most film stars and supermodels don't have ideal features.

3. Most women prefer men with gentle features.

4. There is more pressure on men to be perfect than there is on women.

5. There are only subtle differences in what is considered to be beautiful people from different cultures.

Text 2. Is Beauty in the Eye of the Beholder?

Is there such a thing as the perfect face? Is beauty something you can measure? Recent scientific <u>evidence</u> suggests that the answer is "yes". A new science, the science of attraction, has come to the conclusion that the beauty is objective and quantifiable and not, as the romantics believe, in the eye of the beholder.

For more than a century it was thought that a beautiful face was appealing because it was a collection of average features. Using his computer system Dr David Perrett of the University of St Andrew has <u>challenged</u> the theory. In a key experiment, photographs of women were ranked for their attractiveness by a number of volunteers. Two composite pictures were than created: one, the average of all the pictures; the other made from those rated the most attractive. Although the faces looked very similar at first glance a significant number said they preferred the composite of most attractive faces.

'The conclusion I reached', said DrPerrett, 'was that the most attractive shape was not average. If you look at famous film stars and supermodels, most of then have ideal features – larger than normal eyes, higher <u>arched</u> eyebrows, slightly smaller noses, cheekbones are little more <u>prominent</u>. Even popular cartoon characters such as Betty Boop, Yasmin from "Aladdin" and Bambi have big eyes, small turned-up noses, big mouths and small chins. And if these features are <u>exaggerated</u> the attractiveness rating goegoes up even more. Julia Roberts is a good example of this.'

But what do scientists make of men's faces? Do men with large eyes, high cheekbones and a small chin have the same <u>irresistible appeal</u>? Researches were a bit shocked at the top-ranking male face. They expected it to have classic square jaw and strong cheekbones, but instead, women seem to prefer men with gentle faces. Although there is more pressure on females to be perfect, research suggests that men and women look for many of the same things: for example, expressive features such as arched eyebrows and a big smile were associated with attractiveness in men.

Dr David Perrett<u>puts forward</u> an evolutionary reason to explain why so many women now <u>swoon over</u> baby-faced stars such as Leonardo Di Caprio and Tom Cruise. Women like a man with a feminine face because he is more likely to have higher level of the female hormone estrogen and therefore to make a kinder and more <u>trustworthy</u> husband and father.

But do these ideas of beauty manage to cross cultural <u>boundaries</u>? For instance, in some cultures, lips disks, scars and tattoos are considered to be attractive. Professor Cunningham of the University of Louisville, Kentucky, found that there were only very <u>subtle</u> differences between ethnic groups. For example, Asians tended to prefer faces that were slightly less mature and slightly less expressive, whereas blacks preferred faces that were a little more plump. In other words, although there might be a little truth in the old <u>adage</u> that beauty is in the eye of the beholder, by and large, we all seem to be attracted to the same things.

<u>evidence</u> – fact, sign, that gives proof or reason to believe or agree.
<u>to challenge</u> – to question the rightness, legality.
<u>prominent</u> – noticeable, easily seen.
<u>arched (eyebrows)</u> – curved at the top.
<u>exaggerate</u> – to say more than the truth about something.
<u>irresistible (appeal)</u> – so good or attractive that you cannot stop yourself from liking or wanting them.
<u>to put forward</u> – to suggest.
<u>to swoon over</u> – to experience deep effects of joy, desire, as if fainting.

trustworthy – reliable, responsible, and can be trusted completely.
boundaries – the dividing line between two areas, countries.
subtle – not easy to notice, understand; delicate.
adage – an old wise phrase, proverb.

Look at the pictures and descriptions. Match the descriptions with the pictures. Use the information to describe the people, first orally, then in written.

around 20 / tall / slim / beautiful / long straight hair	in his 40s /short / stocky / mustache	really cute /wavy hair /big beautiful eyes	around 60 years old / short curly hair/ glasses	a wide face / darkskinned / muscular	young / of medium height / a ponytail

Write a description of someone you know well, a friend or a relative, whose appearance has changed. What did they look like before, and what do they look like now? Why and how did they change?

Discussion

Student A

1. How important is your appearance to you?
2. What would you like to change in your appearance?
3. What do you think about plastic surgery?
4. What make up do you use? How often?
5. Have you ever envied models? What is a typical model like?
6. What is your attitude to body building?
7. Describe a perfect face of a young woman. Are ideals unchangeable from century to century?
8. What do you think about people who do not take care about their appearance?
9. Can the way a person looks like affect your attitude towards him?

Student B

1. Can we judge people by their appearance?
2. Do you care about what people will say about you?
3. Do you like to experiment with your hair?
4. What hairstyle is in fashion now?
5. Do you find it normal to cross the line of that is considered decent and obscene concerning your appearance?
6. Describe a perfect body of a young man.
7. Tattoo is in fashion now. Why do you think some people tattoo their body/What's your attitude to it?
8. How did you look like when you were 3 years old?
9. What features do people can get in inherence?

COSMETIC SURGERY

1) What do you think of cosmetic surgery?
2) Do you think there's a difference between cosmetic and plastic surgery?
3) Would you consider having cosmetic surgery?
4) Do you think cosmetic surgery is more popular with women or men?
5) What do you think are the dangers of cosmetic surgery?
6) What parts of your face / body would you like to change?
7) Would you like to be a cosmetic surgeon?
8) Why is cosmetic surgery so popular in some countries but not at all in others?
9) What do you think of people who have cosmetic surgery?
10) Do you think there should be an age limit for people to have cosmetic surgery?

TranslateintoEnglish.

I. Кажуть, що обличчя — дзеркало душі людини. Я переконуюсь у цьому, коли дивлюся на свого товариша. Його привітне відкрите обличчя завжди випромінює доброзичливість. На вигляд він звичайний хлопець. Обличчя довгасте, худорляве, засмагле на сонці. Високий лоб, зверху до якого легенько прилягає зачесане набік коротко підстрижене густе чорне волосся. Ніс прямий. Широкі чорні брови розлітаються на переніссі, мов у польоті пташині крила. З-під них дивляться великі круглі сині очі. Погляд їх розумний, добродушний, прямий і відвертий, як у кожної чесної людини. Товариш мій середнього зросту, широкий у плечах, дужий, спритний, витривалий, бо постійно займається спортом.

I.

1. Голлівудська посмішка – це рівні, вставні або справжні зуби.
2. М'яч влучив йому в скроню і міг розбити череп.
3. Йому одразу ж сподобалася ця дівчина з блискучим каштановим волоссям до плеч та великими карими очима.
4. Всі жінки бажають мати плаский живіт та стрункі ноги.
5. Хоча йому тільки 30 років, волосся на скронях вже посивіло.
6. Наречена була дуже гарна в довгій чарівній сукні та фаті.
7. Не зважай, що мій брат худий та низенький. Він сильний та мужній. Подивись на його плечі та біцепси. Раніше він займався боксом. Подивись, які в нього міцні кулаки.
8. Вона виглядає як справжня модель. Така стрункка та граціозна!
9. Вона недостатньо висока як для моделі. Її зріст 1 метр58 см. Та це не проблема, її наречений лише трохи вищий за неї. Вони чудова пара!
10. Вчора я бачив твою свекруху. Вона виглядала блідою та стомленою. – Це й не дивно! Вона проводить весь час, доглядаючи немовля моєї невістки, мого